

## Prostration of Gratitude

When you get a great blessing, or avoid some kind of harm, make Sujud ash-Shukr (Prostration of Gratitude):

Step 1: Make Takbeer

Step 2: Make Sujud

Step 3: Recite 'Subhaan Rabbiyal-A'laa' (Glory to my Lord the Most High) just as in the sujud of prayer.

Step 4: Make supplication about what you are grateful for.

