

SELF-EVALUATION PROGRAMME FOR THE FIRST 13 DAYS OF DHUL HIJJAH

Name: _____ Year _____

Read Aloud: “There are no days on which righteous deeds are more beloved to Allah than these ten days.”

From this hadeeth, I understand that Allah wants me to do my best during these ten days. And I commit myself to do my best, InshaaAllah. As niyyah is the basis on which depends the outcome of all actions, I understand it’s importance, reminding myself that whatever I do, I will do for the sake of Allah, InshaaAllah, and not to show off.

Activity	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9 = Day of Arafah	Day 10 = Day 1 of Eid al Adha	Day 11	Day 12	Day 13	
I got up & prayed Tahajjud										I didn't forget to fast today, Alhamdulillah <input type="checkbox"/> I said the DU'AA OF ARAFAH many times during the day ***	I went to the Musalla to offer Ed prayers <input type="checkbox"/> Our family offered animal sacrifice today <input type="checkbox"/>			
I said the du'aa while waking up														
I prayed Fajr prayer														
I recited the Qur'an														
I read the meaning of the verses I recited today														
I gave charity to the best of my ability														
I said the du'aa when leaving home														
I Shared a hadeeth with my friends														
I offered Zuhr prayer														
I didn't skip Asr prayer														
I performed Maghrib salah														
I said the morning and evening Zikr														
I said Subhanallaahi Wa Bihamdihi 100 times today														
I said lots of Takbeer, Tahmeed, Tasbeeh & Tahleel during the day *														
I prayed Salatul Isha														
I made du'aa for my parents														
I observed fast (sawm) today										XXX	XXX	XXX		
I didn't tell anything bad today.														
I didn't forget to say the Sayyidul Istighfaar today * *														
I made du'aa for the suffering humanity														
I said the du'aa while going to bed														

* **Takbeer** is to say Allaahu Akbar (Allah is Great!)

Tahmeed is to say Alhamdulillah (All Praise belongs to Allah)

Tahleel is to say Laa ilaaha il-lal-laah (There is none worthy of worship except Allah)

Tasbeeh is say Subhanallaah (Glory be to Allah)

* * **Sayyidul Istighfaar** must be said **once in the morning**, and once in the evening.

* Sayyidul Istighfaar *

اللَّهُمَّ أَنْتَ رَبِّي ، لَا إِلَهَ إِلَّا أَنْتَ
خَلَقْتَنِي وَأَنَا عَبْدُكَ ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ ،
أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ ،
وَأَبُوءُ بِذَنْبِي فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

"O Allah! You are my Lord, there is none worthy of worship except You, You created me and I am Your slave and I abide by Your covenant and promise as best as I can. I seek refuge in You from the evil that I have committed. I profess to you my sins and I acknowledge Your favour upon me, so forgive me. Verily none forgives sins except You".

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**** The Du'aa of Arafah:

Prophet Muhammad, peace be upon him, said: أَفْضَلُ الدُّعَاءِ دُعَاءُ يَوْمِ عَرَفَةَ وَأَفْضَلُ مَا قُلْتُ أَنَا وَالنَّبِيُّونَ مِنْ قَبْلِي

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
لَهُ الْمُلْكُ ، وَ لَهُ الْحَمْدُ ، وَ هُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

“The most excellent dua is the du’a on the Day of Arafah, and the best of what I and the prophets before me have said, is *“There is nothing that deserves to be worshiped in truth except Allaah, He is Alone and has no partner, to Him belongs the dominion and to Him belongs all praise, and He is All-Powerful over all things.”*”

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